



Beauchamp
Foot Care



Toenail Fungus Laser Treatment

*at Beauchamp
Foot Care*



TAKE THE NEXT STEP TO HEALTHY TOENAILS

Why choose toenail fungus laser treatment at Beauchamp Foot Care



You deserve to have beautiful, healthy feet. If you have toenail fungus your feet probably feel anything but beautiful. They may simply just feel ugly. Maybe you've reached a point where it's not just about your feet anymore. It's about YOU – your lifestyle and well-being. It might sound ridiculous, but having toenail fungus could affect more than your feet. The embarrassment it may cause can lead to depression, lack of socialising with friends, and the overwhelming feeling of defeat.

It's time for you to be happy again, and it can start with toenail fungus laser treatment.

About toenail fungus



Sometimes it helps to know that you're not alone. Many people don't realise that toenail fungus is a common ailment. In fact, it's a fungal infection that affects 3 to 9 per cent of the adult population in the UK. That's up to 5 million people! With a problem like toenail fungus affecting the everyday lives of so many people it was only a matter of time before a revolutionary new treatment was developed.

But before we learn how the laser treatment works, it's important to understand what is causing your fungal infection in the first place. The official name for toenail fungus is Onychomycosis and it's an infection of the nail bed itself or the surrounding area.

Symptoms include:

- Discolouration turning the affected area white-yellow or yellow-brown
- Thickening of the nail
- The nail becoming misshapen with grooves or ridges
- Separation of the nail from the nail bed

People can often live with toenail fungus for years, but it's best to get it treated early on so it doesn't spread to other nails. If left untreated it can often get painful and you risk spreading it to other people if preventative measures aren't taken.

Toenail fungus laser treatment

Beauchamp Foot Care uses this revolutionary laser treatment because it's extremely effective. The technology was specifically developed to treat toenail fungus and it has seen impressive results.

How it works

Beauchamp Foot Care primarily uses the Lunula Cold Laser, a medical device that works by shining a laser light beam through your toenail and killing the pathogens embedded in your nail bed that are causing the fungus. The treatment takes only 12 minutes per foot or hand and requires a minimum of 6 in-clinic visits approximately a week apart.



Other benefits include:

- 100% safe
- In studies 98% of patients in the studies showed improvement
- Uses low-level laser light to painlessly kill nail fungus.
- No oral or systemic drugs
- Treatment takes only 12 minutes per foot to complete
- No downtime required
- No unpleasant side effects
- Effective for toenails and fingernails
- Suitable for all ages
- Cleared for use in Europe according to the Medical Device Directive (93/42/EEC).

While there is no visible change in the nail at the time of the laser treatment, results can be seen as soon as the new, clear nail begins to grow out. Depending on the severity of the infection this can take several months. However, the laser treatment is most effective at killing the toenail fungus completely. Alternative treatments such as oral medications and topical treatments (polishes, creams or lacquers), and home remedies are usually only temporary and the infection often ends up returning.

Lunula studies report that 90% of patients in the studies had 100% clear nails after 4 treatments and 98% of patients showed improvement.

What sets Beauchamp Foot Care apart

The clinic at Beauchamp Foot Care offers an initial consultation for toenail fungus treatment so we can thoroughly explain the procedure and answer any questions you may have before making the final decision. This also enables time for us to carefully examine your nails and give you a proper diagnosis. We will also discuss alternative treatments and your suitability for laser treatment.

Sometimes other ailments can look like a toenail fungal infection, so if it is uncertain that the infection is fungal or could be some other condition, a nail sample may be taken for cultivation. There is an extra charge for this service, which you will be advised about. However, preparatory work like debriding the nail (thinning) in preparation for the laser treatment is included in the price. Some other clinics charge extra for this preparation but we at Beauchamp see this as a necessary part of the procedure.

The experts at Beauchamp Foot Care take a special interest in personalising the experience for patients, with the ultimate goal of making their feet healthy and looking wonderful. The toenail fungus laser treatment at Beauchamp Foot Care is always overseen by a qualified and highly experienced podiatrist or chiropodist. Beauchamp Foot Care is staffed by four podiatrists/chiropodists who are all members of The Institute of Chiropodists and Podiatrists, and are registered with the Health Professions Council. There is always a trusted expert to advise you.



What Patients Can Expect



Our toenail fungus laser treatment begins with a complete assessment of your nails. Our podiatrists/chiropracist will answer any questions you may have about the fungal infection and toenail fungus laser treatment.

We begin treatment by taking photographs of the nails and then painlessly thinning them down. When you are ready, the Lunula Laser delivers a combination of two very low power lasers simultaneously at very specific wavelengths to the surface of your feet. The lasers generate a rotating beam and can cover a large area of the foot to completely treat infections within the nails and nail bed.

The treatment will last for 12 minutes per foot and you will feel no sensation, the lasers are not harmful to you in any way as they use very low power settings. The treatment will normally be repeated at weekly intervals, the number of treatments depend upon the severity of your infection.

You do not have to take any oral medication or apply any topical agents during the treatment, however strict feet hygiene protocols must be adhered to in order to prevent re-infection.

The toenail fungus laser treatment procedure is also effective on fingernails. It produces impressive results when compared to alternative treatments such as oral medications, topical treatments or home remedies. Most patients are able to put their socks and shoes back on and return to their daily activities immediately.

After the toenail fungus laser treatment you will be given an anti-fungal spray and cream that is applied for two weeks. This will help protect against re-infection in case the fungus is still lingering in your shoes. We'll also give you information about preventative measures you can take to protect yourself against further infection.

There will be no visible change in your nails at the time of the laser treatment; however you will start seeing improvement as your new nails begin to grow out. Depending on the severity of the infection, this can take several months. We will arrange a follow up visit with you after four to six months after your first treatment to check on your progress and make sure everything is going according to plan.

Treatment results & testimonials

A toenail replaces itself every 9 to 12 months and the healthy new nail growth should be visible within the first 3 months. The vast majority of patients who receive toenail fungus laser treatment experience significant improvement and in most cases, fungal free nails.

"Beauchamp Foot Care has been excellent and I'm really impressed with the staff at the clinic. My contact is Fiona who has been treating me. She is a first class clinician. They're extremely professional and their patient care is first rate."

- CHARLES



"For years I have been embarrassed by my unsightly cracked and yellowing toenails - I tried every cream on the market but nothing worked...and then I read about laser treatment at Beauchamp Foot Care, and after plucking up the courage to make an appointment it's one of the best things I have ever done! A few months on after a painless and professional treatment, even my 'foot phobic' wife has said my tootsies actually look rather nice. Next summer I'll be wearing a pair of flip flops and leaving the trainers behind!"

- JAMES, WEST LONDON

“For more than 10 years I’ve been battling with a horrible toenail fungus. I’ve tried prescriptive drugs, tea tree oil, paint on liquids, you name it, I’ve tried it. I’ve had laser treatments and am so excited to see healthy nail appearing and the hideous fungal infection finally growing out.”

- CAROL, SURREY



Healthy toes are just a step away

At Beauchamp Foot Care we believe you deserve to have healthy feet and we are committed to making that happen. With our toenail fungus laser treatment we offer one of London's best answers for eliminating toenail fungus. Beautiful toes can once again be a reality for you. Please contact us today for an initial consultation.

COME IN FOR A Toenail Fungus Consultation

